



How to Make a T-Shirt Quilt:

11 T-Shirt Quilts

How to Make a T-Shirt Quilt: 11 T-shirt Quilts

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Letter from the Editors

Hello Quilters!

We are so excited to introduce this free quilting eBook, *How to Make a T-Shirt Quilt: 11 T-Shirt Quilts*. Just about everyone has a ton of tees lining their closets or drawers that they never wear. Unlike other clothing items, it can be hard to toss t-shirts in the trash because they come with so many memories attached. Throwing away nostalgia is a total no-go when you are sentimental. This is where t-shirt quilts come in! Learning how to make a t-shirt quilt helps you cherish your memories while still creating a useful piece. T-shirt quilt patterns come in a variety of sizes and shapes. While they all might seem very similar, not all t-shirt quilt patterns work for your particular stash. That is why we have compiled this useful eBook that makes keepsake quilting incredibly easy. This quilt patterns eBook is filled with memory saving t-shirt quilt patterns. From traditional t-shirt quilts to t-shirt quilt bags and pillows, the quilt patterns in this eBook are sure to impress.

Whether you are preserving your own memories or learning how to make a t-shirt quilt for a kiddo going off to college, you are sure to find the pattern that fits your particular need. More traditional patterns like the T-Shirt Memory Quilt (pg. 10) or the DIY T-Shirt Quilts for Hoarders (pg. 25) will help you create a comfy quilt that can double as a wall-hanging or be used as a bed comforter. If you don't have a huge stash of tees at your disposal, smaller quilted projects like the T-Shirt Quilt Homemade Pillows (pg. 33) or the T-Shirt Quilt Pattern Tote (pg. 41) will do the trick.

Happy Quilting,

Editors of FaveQuilts.com

How to Make a T-Shirt Quilt: 11 T-shirt Quilts

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Traditional T-Shirt Quilts

Double-Sided T-Shirt Quilt Pattern

By: Julie Finn from Crafting Green World

Learn how to make a t-shirt quilt pattern of any size with this how to make a t-shirt quilt tutorial. This easy quilt pattern for beginners makes constructing a quilt out of old tees easy peasy. Simply follow these instructions on how to determine the dimensions of your quilt, cut, sew, decorate, and add a fuzzy backing to your quilt. This idea would make a great DIY gift for a recent grad or something to make an old friend for an important birthday.



Materials:

- T-shirts
- Fabric scissors
- Non-aerosol brand of starch
- Iron
- Sewing Machine
- Appliqué or embellishments
- Fleece
- Masking Tape
- Embroidery floss

Instructions:

1. Determine the dimensions of your quilt. To save yourself some work measuring, these dimensions can be approximate. For instance, the dimensions of a twin mattress are 39"x75", but your quilt does not need to exactly match those dimensions. Cutting the panels 12"x12" makes the measuring easy.



2. Cut and starch the panels with a non-aerosol brand of starch. Fussy cut each panel to size, then spritz starch around the entire perimeter of the panel. Turn each panel face-down for this, so that you don't have to worry about ironing on top of the graphic. Iron it dry.

Note: The starch will keep the jersey knit fabric of the T-shirts from curling, and it will allow you to sew them without having the fabric bunch up under your feed dogs or needing to use a zig-zag stitch to keep the fabric from stretching.

3. Sew all the panels together. Sewing fewer and longer seams is less work, so piece each column of the quilt first, and then sew the columns together. You can choose to sew these quilt panels' right sides together so that the seams will be hidden on the back or you can sew your T-shirts with the seams in front for a different effect that this technique gives.

4. Add any applique or other embellishments to the front of your T-shirts to add some dimensionality to the quilt. This is also a convenient way to cover the couple of persistent stains that you'll always find when you're working with well-worn clothing.



5. Sew the middle fleece layer. Clear off a large space on your floor and lay out a length of fleece that is large in both length and width than your quilt top. Tape it down with masking tape at the corners and at spots along the perimeter to keep it flat and taught.
6. Lay one of your finished quilt tops over this fleece, right side out. Also stretch the quilt top out so that it's smooth and taught. Pin it to the fleece. Then baste or sew the pieces together around the perimeter of the quilt.



7. Trim the fleece so that it's flush with the quilt top around the complete perimeter.

8. Lay out the second quilt top so that it matches the middle fleece layer and the quilt top that's underneath.
9. Sew the second quilt top to the quilt. Lay the quilt out again, fleece side up, and arrange the second quilt top on it, right side up. Pin the quilt top to the rest of the quilt, being sure to match the seams to the front and back. Sew the pieces together, carefully keeping the top and bottom quilt pieces matched.
10. If you want, you can tie the quilt. Thread a length of embroidery floss, then draw it through the corner where four quilt pieces meet and carefully up through the other side so that it comes out at the matching corner. Pull it back through, but leave a long loop on one side and both long tails on the other side.
11. Cut the long loop so that you have two matching lengths of embroidery floss on each side of the quilt. Tie each of them into a square knot, trim, and you'll have a matching tie on each side. Repeat for every corner to tie the quilt.

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Classic Memories T-Shirt Quilt

By: [Katrina Simeck for Fiskars](#)

Quilting on a budget has never been easier. The next time you plan to make a special pattern for a loved one, grab some old tees and try learning how to make a t-shirt quilt with this Classic Memories T Shirt Quilt pattern. What makes this memory quilt special and totally unique is that it's simply made from old shirt designs. A collection of sports tees, old school shirts, and any other interesting design will bring forth so much happy nostalgia when used to create a t shirt quilt. Make one for a special occasion or the next time you are low on fabric.



Materials:

- Cutting mat (24" x 36")
- Fiskars 8" Easy Action Scissors
- T-Shirts

Instructions:

1. Use Fiskars 8" Easy Action Scissors and firm piece of cardboard to trim a 10" square from each t-shirt. To ensure that you capture the entire logo or name, be sure to allow at least an inch border all the way around the image. When you cut your t-shirts, use a Fiskars 24" x 36" cutting mat underneath to protect your table.
2. After cutting the squares, stitch each edge to a strip of patterned cotton.

Notes: If you get off track, the seam ripper in the Fiskars Sew Taxi makes it easy to correct your mistakes.

3. After stitching all the squares together, iron on a fusible backing, then pin the right side to the right side of a coordinating fabric.
4. Stitch around all sides, leaving a small opening to turn right-side-out. Then hand stitch the opening closed. As this point, you can quilt the throw, or simple leave as is.



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T-Shirt Memory Quilt

By: [Melissa Corry from Happy Quilting](#)

One of the most touching kinds of keepsake quilts is the t-shirt quilt. You can turn practically any kind of old clothing into a one-of-a-kind quilt for someone special. The T-Shirt Memory Quilt shows you how to easily organize your t-shirt quilt with pressing cloth to preserve any designs or logos. You can piece each little memory together with scrap quilt patterns, and before you know it, you'll have created a quilting keepsake that will last for years. Whether it's for a graduation, wedding, or just a crafty way to recycle clothing, these kinds of memory quilts are the ones you'll want to hang in your home the longest.



Materials:

- T-shirts
- June Tailor T-shirt quilt kit (includes a T-shirt transformation ruler, T-shirt interfacing, and a T-shirt pressing cloth)

Instructions:

1. Grab your first T-Shirt and cut it along the side seams, shoulder seams, and neck seam.



2. Now you have just the design and it will lie nice and flat. Smooth all the wrinkles out with your hands.



3. Now, take your T-Shirt Transformation ruler and lay it over your design. This is where you decide what size I want to cut the design. The ruler has three different size guides (10 ½", 12 ½", and 15 ½") and you could cut all your designs square to make them easy to sew together. If you want to just cut around the logos and designs on each t-shirt, you can use a combination of sizes for your t-shirt quilt.



4. Add some interfacing to the back of the shirt before you start cutting so it doesn't stretch like crazy when you are sewing it. Center the interfacing over the wrong side of the T-Shirt and give the interfacing a super lite press just to stick it in place. Don't hold it long as you don't want to melt the design on the front of the T-Shirt.



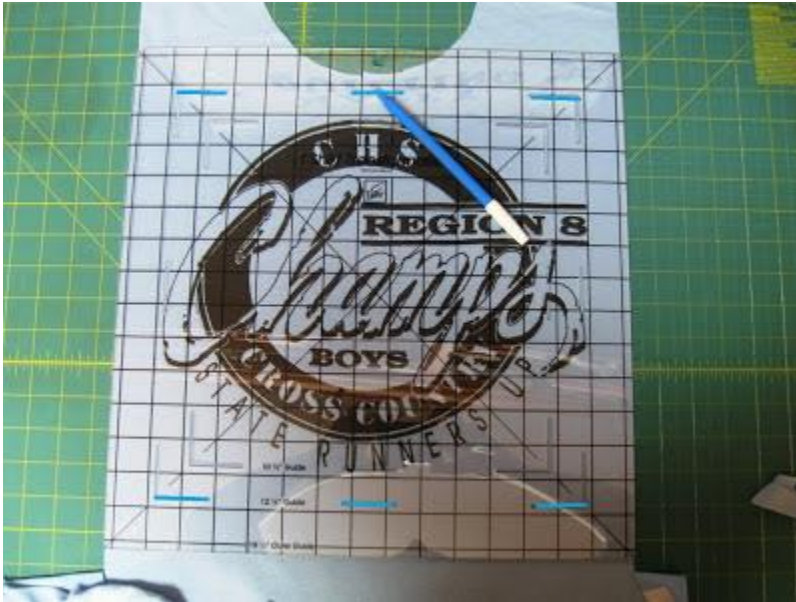
5. Now flip the shirt over to the right side and lay your pressing cloth over the shirt design. Press adhering the interfacing to the shirt and ensuring the safety of the design with the pressing cloth.



6. Lay your ruler over the design once again. Using the diagonal lines ensure that your design is centered. Once your ruler is in place you are ready to cut your design.



7. For the top and bottom, simply mark the guidelines in the grooves using a water soluble pen.



8. Then remove the T-shirt ruler and place a long ruler along the edges of the markings. Cut along the edge of the ruler.



9. Repeat this process for your entire stack of T-shirts.



10. Once you have cut up all your T-Shirts you are ready to start making your quilt top. First, decide about what size you would like your quilt top.



11. Now play around with your T-Shirt designs until you have a layout that you like.



12. Once you have a layout in place, do a little mental calculating of where you are going to make squares and how you plan to sew them together.



13. Fill in the holes with cloth scraps.



14. Starting at grouping number 1, simply start your scraps adding around the designs. Always use a $\frac{1}{4}$ " seam to add pieces.



15. Work on more than one design at a time.



16. And once you have your two pieces about the same width, go ahead and sew them together.



17. Take the new piece to your mat and square it up. If you want your quilt to lay flat, be sure and square up each piece when complete.



18. Now lay your nice piece back in its designated spot and make sure it is close to the size you planned. If it isn't add a little more, if not, move on to the next piece.



19. Keep adding sashing and bits of piecing to each of your designs, incorporating a mixture of your scraps from the top of your quilt to the bottom.



20. Now to finish your quilt just baste it, quilt it, and bind it.



Ragged T-Shirt Quilt Instructions

By: [Carolyn Wainscott for FaveQuilts.com](http://CarolynWainscott.com)

Combine two of your favorite types of quilts, rag quilts and t-shirt quilt patterns, into one awesome quilt project. These Ragged T-shirt Quilt Directions will show you how to make a rag quilt with your old t-shirts that are too sentimental to get rid of. This t-shirt quilt pattern method is great because it makes it easier to sew with knit fabrics and eliminates the need for interfacing. Just pick a favorite polar fleece pattern for the back of your quilt, and get quilting! Learning how to make a t-shirt quilt has never been easier.



Materials:

- 2-3 yards-t-shirts or t-shirt knit, cut into desired size blocks (12", 14", 16", etc.)
- 2-3 yards polar fleece for backing

Instructions:

1. Match knit blocks with polar fleece blocks, wrong sides together.
2. Pin block units together, polar fleece sides together (back sides together).

3. Sew block units together with 1" seam allowance (this 1" will be cut into fringe or "ragged" edges) to create length desired.



1. Match seams of sewn block strips; sew together with back sides facing using a 1" seam allowance to create width desired.
2. Trim corners at seam corners.
3. "Rag" quilt by clipping into seam allowance every 1/2".



Notes: Watch this tutorial for a more help with this t-shirt quilt design. <https://youtu.be/6q2dJ2tXS7U>

DIY T-Shirt Quilts for Hoarders

By: [Stacie Grissom from Stars from starsforstreetlights.com](#)

We all have far too many tees laying around the house. It is hard to throw away these tees as they are often mementos and memories, as well. Transform your collection into something useful by making DIY T-shirt Quilts for Hoarders. Learn how to transform that useless pile of tees that you will never wear again into brand new t-shirt quilt patterns with this easy-to-follow quilting tutorial. Learning how to make a t-shirt quilt is surprisingly simply and the results are absurdly cozy.



Materials:

- T-shirts
- Lightweight fusible interfacing
- Sewing machine
- Iron
- Rulers
- Lightweight blanket for the middle to make the blanket thicker
- Fabric for the back

Instructions:

1. Make a square template and cut out all of your t-shirts. Then take the fusible interfacing and cut out your template shape as well. Iron the t-shirt squares to the fusible interfacing. This makes sure that the t-shirts don't become too stretched when you try to sew them all together. Otherwise your shirts might not match up properly.
2. Sew all of your t-shirts together into a giant blanket. Then you can finish it however you'd like, but my mom stitched the t-shirt edges to the edges of the blanket and then made the back fabric finish the whole shebang and enclose the inner blanket and cover the outside edges.

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Fall T-Shirt Quilt Directions

By: Sarah from [While They Snooze](#)

Become known for making the coziest t-shirt quilts with these Fall T-shirt Quilt Directions! In this tutorial, you will use fleece as quilt backing when making a t-shirt quilt patterns so that your quilts are soft and warm on both sides. Don't forget to throw this quilt in the car to keep you snug while you're tailgating or cheering on your favorite team! There are plenty of ways to learn how to make a t-shirt quilt and this free quilting tutorial is especially easy. Do not let all those tees go to waste!



Materials:

- T-shirts.
- Fusible Interfacing.
- Large panel of fleece for the back of your quilt.
- A sheet of batting the same size or larger than your quilt front.
- 15"x15" Square Quilter's Ruler
- Sewing supplies

Instructions:

1. Gather your t-shirts and cut the portion of them out that you want to use. Make sure to cut your shirts slightly larger than the desired finished square size.



2. Use the manufacturer's instructions to iron fusible interfacing to each of those slightly larger pieces you just cut out.



- Trim your pieces, now backed with interfacing, using your square ruler. After this step they should all be perfect squares and all the same size.



- Lay out those squares, side by side, until you find an order you like. Keep going until your entire quilt is arranged on the floor.



5. Go row by row and sew each square to its neighbor, right sides together, using about a ¼ " seam allowance. When this step is done you will have several long strips.



6. Sew your strips from step five together, right sides together, using a ¼ " seam allowance again. After this step, your top quilt will be complete.

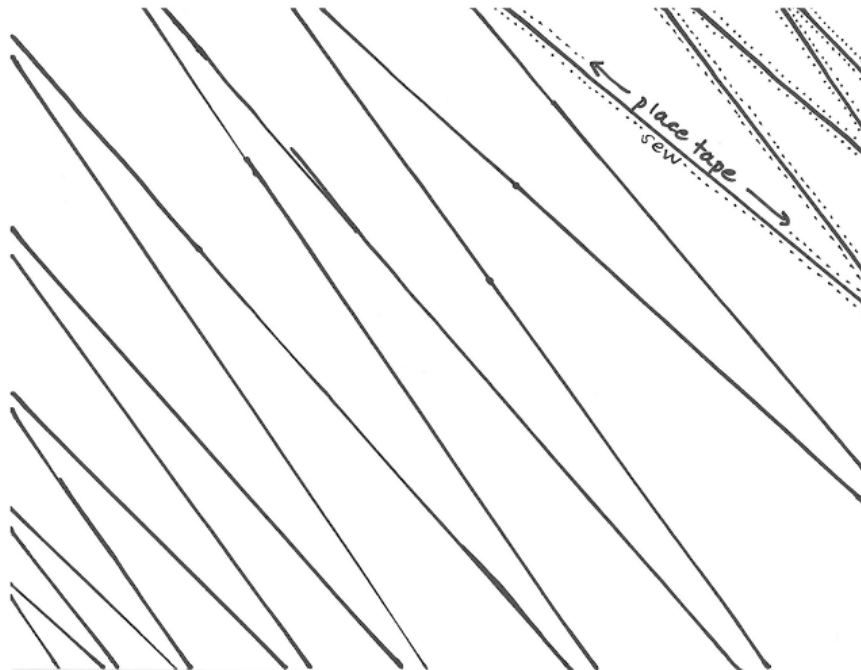


7. Make your sandwich. Lay your fleece out on a big flat surface. Lay your batting on top of that. Lay your quilt top on top of that, right side up.



8. Baste your quilt. You need to stick your layers together somehow so that when you start sewing so that they don't shift all over the place.

9. Create your quilt using a sort of zig zag diagonal pattern that looks like the picture below.



10. Add your binding.



Other T-Shirt Quilt Projects

T-Shirt Quilt Homemade Pillows

By: [Shalana Frisby from Country Woman Magazine for FaveCrafts.com](#)

Learn how to make a pillow out of old tees with this smart DIY pillow tutorial. These easy pillow patterns show you how to use t-shirt scraps to make a new pillow. This small quilting project would be a great pattern to make in combination with a t-shirt quilt pattern. The T-Shirt Quilt Homemade Pillows can be created out of one t-shirt, require about an hour of your time, and will look fabulous in your home! This easy pillow pattern would make a fabulous gift for a student starting college as well. Hello, DIY dorm decor!



Materials:

- T-shirt, washed and pressed
- Quilter's ruler
- Rotary cutter with cutting mat
- Standard sewing supplies
- Polyester fiberfill
- Compass

Instructions:

1. Place the T-shirt, right side out, face up on the cutting mat.

2. With rotary cutter and quilter's ruler, cut out the shirt's graphic, leaving about 3 ½" on all sides, making sure you cut through the shirt's front and back layers. To make a round pillow, use a compass to draw the cutting outline.
3. Put front and back pieces together, right sides facing.
4. Pin in place.
5. With a straight stitch and a ½" seam allowance, sew along edges. Leave a 3" opening to turn pillow through.
6. Turn right side out and stuff with fiberfill. Sew closed.



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Stadium T-Shirt Cushion

By: [Jane Skoch from maidenjane.com](http://maidenjane.com)

Learn how to make a t-shirt quilt project that you will actually use with this how to make a cushion tutorial. This smart quilting project idea shows you how to convert old tees into a cushion you can bring to the next big game. Keep your tush warm and your back from aching during long and exciting football games when you make the Stadium T-Shirt Cushion. If you have a friend who loves a good tailgate or are sending a kid off to college soon, this keepsake quilting idea would make a thoughtful gift.



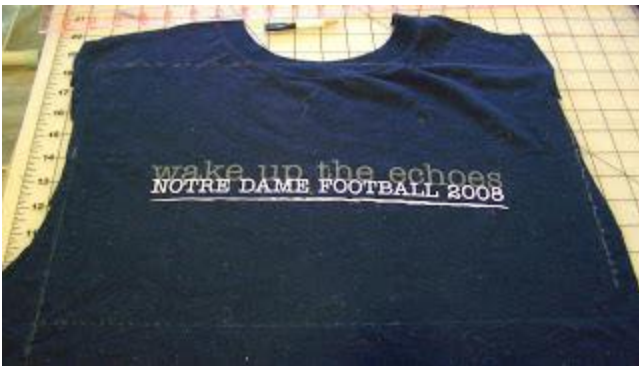
Materials:

- Soft n Crafty Nu-Foam, 15' x 17" x 2"
- One old T shirt or sweatshirt
- Thread, scissors

1. Cut foam.



2. Cut T shirt to 16" x 10.5"



3. Cut out the rectangle and a matching piece for the back.



4. Create the handle. Using extra fabric from the T shirt sleeve or another part of the T shirt, measure and cut an 11" x 3" piece of fabric.



5. Sew the long edge of the handle together.



- Using whatever turning method you prefer, turn the handle inside out.



- Top stitch the handle on each side to add stability.



- Sew two sides together. Pin the handle to the right side of the cushion cover, 2" from the side edges.



9. With right sides together, pin around edges.



10. Starting at the bottom edge, opposite the handle, sew around the cushion, leaving a 7" opening along the shorter rectangular edge. Turn inside out.



11. Squeeze the foam in half and insert it into the opening. It takes a bit of work to get the foam into position.



12. Stitch opening closed and your pillow will be complete.



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T-Shirt Quilt Pattern Tote

By: [Jane Skoch from maidenjane.com](http://maidenjane.com)

If you have created a t-shirt quilt pattern already, you probably do not have enough tees for a whole new quilt. So, why not make some small quilting projects out of those much-loved pieces? Learn how to make a quilted bag out of t-shirts with this trendy and budget-friendly quilting project for beginners. The T-Shirt Quilt Pattern Tote offers a tutorial on how to transform two tees into one brand new bag. This pattern is the perfect way to do some keepsake quilting that will actually be useful.



Materials:

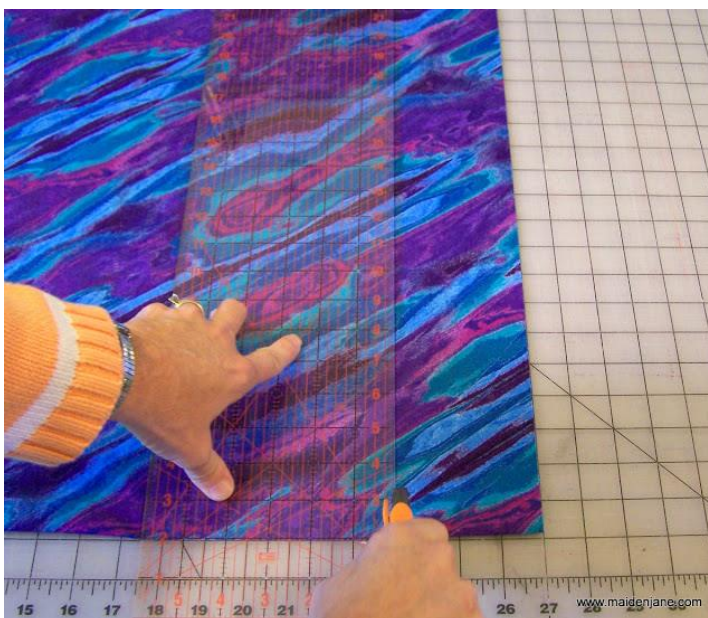
- 2 t-shirt sides, washed
- 1 yard of fusible interfacing
- $\frac{3}{4}$ " yard of fabric for border, washed
- $\frac{3}{4}$ " yard of duck cloth, washed

Instructions:

1. Cut your T-shirt squares. When cutting the t-shirt into a square, you can use an Omnigrid that has been custom cut to a 13 ¼" square template. You can make a clear vinyl template cut to this size or simply measure and mark a square.



2. Cut Border Fabric Strips. Four strips are 3 ½ x 13 ¼" and the other four strips are 3 ½ x 18 ¼"



3. Cut the interfacing to fit just inside the back of the T Shirt. Apply the interfacing per the manufacturer's instructions to the back side of the t-shirt.



4. Pin the shorter border pieces to the top and bottom of the t-shirt. Sew or serge using a $\frac{1}{4}$ " seam. Press the stitching line and then press seams toward the border.



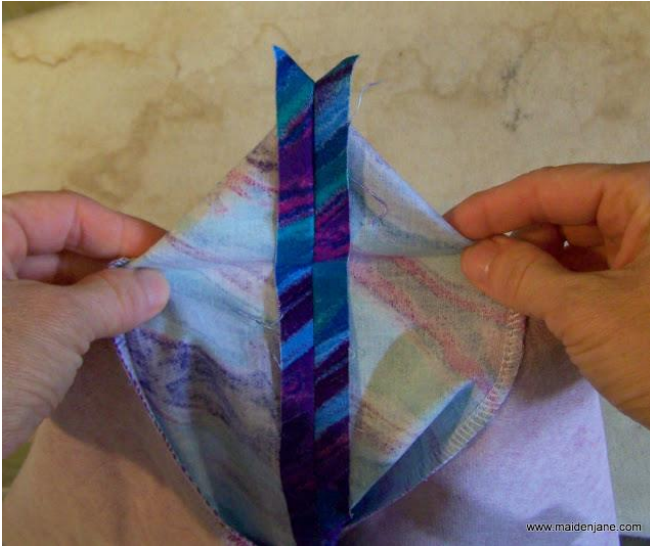
5. Now pin the longer border pieces to the sides of the t-shirt. Sew and press.



6. You now have a completed t-shirt block. Repeat for other t-shirt.
7. Sew the Front to the Back: Pin the two squares together and sew, using a $\frac{1}{4}$ " seam allowance, along the sides and bottom, leaving the top open.
8. Press the seams open.



9. With the bottom of the bag facing you, take one corner and pull apart so that a triangle is formed and the side seam and bottom seam line up.



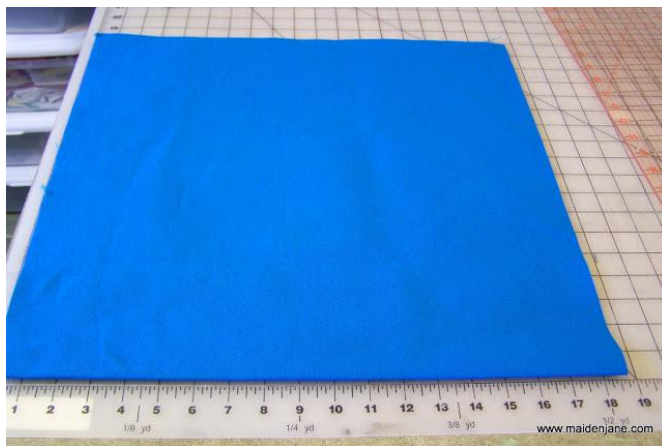
10. Even out the triangle and use a ruler to find the point where it is 3" across. Draw a line at this point.



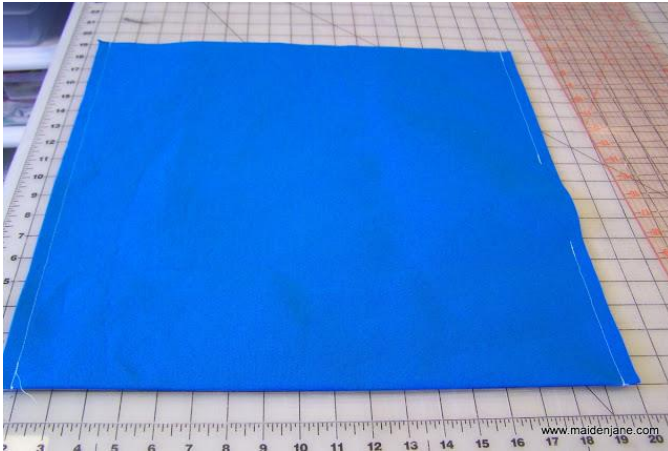
11. Stitch along the line. Stitch again 1/4 from the first line of stitching. Cut off the triangle. This creates a boxed bottom for the bag. Repeat with the other bottom corner.



12. Cut the lining: Fold the duck cloth so that the top fabric is at 19". Cut the fabric, with the fold along the bottom, so that the folded piece is 18.5" wide and 18" high.



13. Sew the sides of the lining leaving a 5-6" opening along one side.



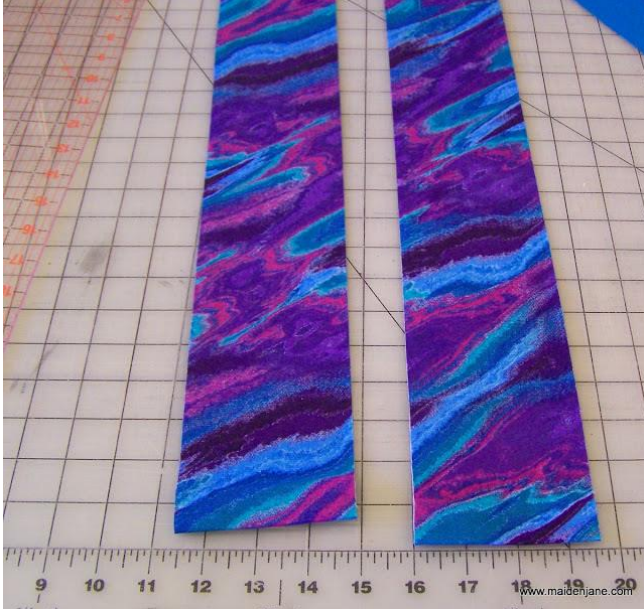
14. Sew boxed bottom in the same way you did for the outside of the bag.



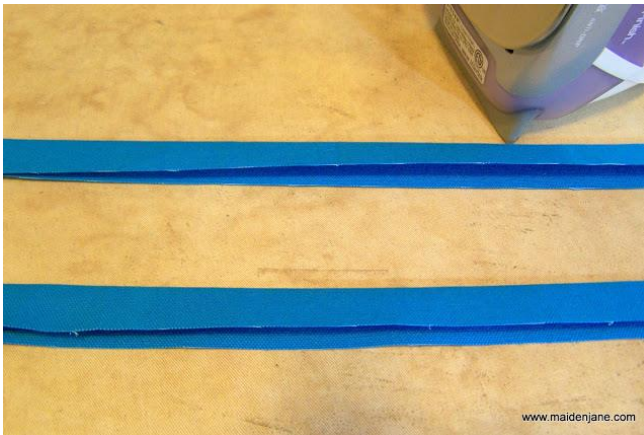
15. Cut two lengths of duck cloth, each 2" x 36".



16. Cut two lengths of cotton fabric, each 3.5" x 36".



17. Fold the duck cloth in half and press. This will become the inside of the strap.



18. Place the duck cloth on top of the cotton fabric. Warp the fabric around the duck cloth and tuck the last bit under so that the fold runs along one edge. Pin. Edge stitch along each side of the handle



19. Pin the straps to the outside of the bag, 4" from each side. Pin the straps to the outside of the bag, 4" from each side. Stitch around the top using a 1/2" seam allowance. Pull the bag through the opening in the lining so that the right sides are out.



20. Edge stitch the opening closed. Turn the lining inside the outside of the tote and press. Top stitch along the upper edge and final press the bag, using a press cloth if necessary and then your creation is complete.

T-Shirt Pillow

By: [Jane Skoch from maidenjane.com](http://maidenjane.com)

If you do not have the time to make an entire t-shirt quilt pattern but still need a way to use up old tees, consider learning how to make a pillow out of a t-shirt. This simple and easy DIY pillow patterns are cozy and comfy. They are also a great way to incorporate school pride or your favorite team into your DIY home decor. This T-Shirt Pillow Tutorial shows you how to make a pillow out of old tees. If you are planning on gifting someone a t-shirt quilt pattern, consider adding a pillow as an extra surprise!



Materials:

- 2 t-shirt sides, washed
- 1 yard of fusible interfacing (Pellon 906F, 911FF)
- 1/2 yard of fabric for border, washed
- 18" pillow form

Notes on Materials:

- Use a t-shirt front and back or two separate t-shirts.
- The border fabric can be a contrast or coordinating fabric.
- Prewash the t-shirts and border fabric to preshrink them, especially if they are brand new.
- It isn't necessary to use an interfacing specifically designed for knits. The t-shirts will not need stretch for the pillow. The interfacing is added for stability and ease of sewing.
- Pillow forms are available in many sizes. If you decide to make another size, you will want your completed square to be one inch larger than the pillow form. So if you want to make a 16" pillow, then you will design the square to be 17" before sewing the two sides together.
- When cutting the t-shirt into a square, the example uses an Omnigrid that has been custom cut to a 13 1/4" square template. You can make a cardboard template or simply measure and mark a square.

- Rough cut square: The application of interfacing can cause the shirt to shrink so I cut a larger square than needed. Place template over the desired area of the t-shirt. Cut the t-shirt out with an extra inch around the edges.

Instructions:

1. Cut the border fabric strips. Cut four strips $3\frac{1}{2} \times 13\frac{1}{4}$ " and cut four strips $3\frac{1}{2} \times 19\frac{1}{4}$ ".



2. Apply the interfacing per the manufacturer's instructions to the back side of the t-shirt.



- Place the t-shirt on your ironing board with the logo side down. Then place the interfacing on, covered by a damp hanky. Fuse using a dry iron. When the hanky stops steaming, the fusing is typically complete.



- Cut the T-Shirts to a 13 1/4" square.



5. Assemble and sew the pillow top and bottom. Pin the shorter border pieces to the top and bottom of the T-shirt.



6. Sew or serge using a $\frac{1}{4}$ " seam. Press the stitching line and then press seams toward the border. When pressing, especially from the right side, avoid pressing the T-shirt logo because it can melt.



7. Now pin the longer border pieces to the sides of the t-shirt. Sew and press.



8. You now have a completed t-shirt block. Repeat for other t-shirt.



9. Prepare the squares for sewing. You can modify the pillow squares to remove excess fabric in the corners. Fold the fabric into fourths. Mark a point halfway between the corner and the fold on each open side. At the corner, mark a point $\frac{1}{2}$ " from each raw edge. Trim from the corner to the center marks.



10. Pin and sew the two squares using a $\frac{1}{4}$ " seam allowance. Leave an opening in the bottom to insert the pillow form.



11. Turn inside out, press seams and press under $\frac{1}{4}$ " on open edge.



12. Pin the opening closed and sew closed using a slip stitch.



Groovy T Shirt Tote

By: [Barbara Matthiessen for Earth Safe Finishes](#)

Why go green and sacrifice style? With this Groovy T-Shirt Tote, there's no need to. This bag is made from recycled and earth-safe materials so feel free to strut your stuff and be groovy. If you are looking to create a brand new bag and only have one plain tee to spare, this easy and quick sewing project might be the one for you. Using just one old tee, paint, and wine corks to create the design, this piece of keepsake quilting make a fantastic, one-afternoon project.



Materials:

- T-shirt any size
- Thread to match shirt
- Earth Safe Finishes www.earthsafefinishes.com
- Fabric Magic
- Generation Green Acrylic paint in Glacier and Sunflower
- Black fabric marker
- Wine cork
- Sponge (I prefer smaller celled sponges.)
- Palette
- Sewing machine with stretch knit stitch
- Scissors
- Sheet of scrap cardboard

Instructions:

1. Cut bottom of shirt off even with bottom of underarm seam. Cut off sleeves. Cut strip across width of shirt just under neckline. This will create 2 pieces for tote handles.



2. Slide a piece of cardboard into bottom section of shirt. The cardboard will keep any paint from seeping through to other side of shirt. Pour small puddles of both paints out onto palette. Mix 2 drops of Fabric Magic into each paint. Dip cork into Glacier paint for each flower center.



3. Dip side of sponge into Glacier paint. Press one end of sponge onto Glacier center then roll or press sponge outward forming a petal.



4. Repeat 5 or 6 times working around center to form flowers. Add flowers as desired, refer to project photograph.
5. Dip cork into Sunflower then onto flower centers. Allow paints to dry.
6. Outline flower petals, add dots around centers and in clusters of threes using black marker.



7. Turn painted shirt section inside out. Stitch across bottom using matching thread and a stretch stitch. Turn $\frac{1}{2}$ " hem to inside along top edge, stitch down.

8. Fold sides of strips (Handles cut from shirt in Step 1. into center.



9. Most knits will automatically roll inwards with gentle guidance. Stitch down length of strip.



10. Sew ends of handles next to side seams. Each handle spans one side of tote with ends on opposite side seams.



Special Thanks

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[Jane Skoch from Maiden Jane](#)

[Barbara Matthiessen for Earth Safe Finishes](#)

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